## Bayesian model building: Hierarchical modeling and meta analysis

Katja Ickstadt, TU Dortmund University

joint work with

Jochem König (IMBEI Mainz) and Gerhard Nehmiz (Consultant, Boehringer Ingelheim)

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# Comparison of Bayesian and frequentist statistics, Part 1

#### Definitions of probability

#### • Frequentist statistics:

Probability as the relative frequency with which an event occurs in a large number of identical, repeated, independent random experiments.

#### Bayesian statistics:

Probability as the degree of certainty for a statement (e.g. a range for a relative proportion, a range for an intervention effect), given observations/data

#### Remarks:

#### • Interpretation:

Posterior distributions and derived quantities are easier to interpret than their frequentist counterparts (e.g., credibility intervals versus confidence intervals, tail probabilities versus p-values).

#### • For a long time:

Dominance of frequentist statistics because less computationally intensive

## Hierarchical modeling: An example

Hierarchical models in general:

Multiparameter models where parameters are structurally dependent. The joint distribution of all parameters reflects these dependencies.

PRoMPT-study ("PRimary care Monitoring for depressive Patients Trial", Gensichen et al., 2005 and 2009):

#### Background

Case management by health care assistants in small primary care practices provides unclear benefit for improving depression symptoms.

#### Objective

To determine whether case management provided by health care assistants in small primary care practices is more effective than usual care in improving depression symptoms and process of care for patients with major depression.

#### Design

Cluster randomized, controlled trial. The practices form the clusters.

Same and similar models apply in meta analyses.

#### Setting

74 small primary care practices in Germany from April 2005 to September 2007; 39 control practices (standard); 35 case management practices with 1 practice that did not recruit any patients.

#### Patients

626 patents (316 in control practices, 310 in case management practices), age 18 to 80 years, with major depression.

#### Intervention

Structured telephone interviews by healthcare assistants to monitor depression symptoms and support for adherence to medication, with feedback to the family physician.

#### Measurements

Outcome: Depression symptoms at 12 months, as measured by the Patient Health Questionnaire-9 (PHQ-9); *PHQ-9 score:* Sum of 9 variables, each given on a Likert scale with 4 possible answers (0= never,..., 3= almost daily); assumed to be normally distributed

#### Data base

- 272 patients of the 39 control practices and 242 patients of the 34 case management practices with baseline and a 12 months PHQ-9 scores.
- 44 and 68 patients, respectively, showed a baseline score only
- 16 and 25 patients, respectively, showed a baseline and an additional 6-months score
- $\rightarrow$  This 6-months score with an additional correlation assumption yields an estimation for an unobserved 12-months score, leading to the data base of 288 patients in 39 control practices and 267 patients in 34 case management practices for the primary analysis in Gensichen et al. (2009).
- $\rightarrow$  **now analyzed:** 272 patients of the 39 control practices and 242 patients of the 34 case management practices with baseline and a 12 months PHQ-9 scores.

#### Assumptions

- Patients within each practice are similar (with respect to, e.g., age, sex, social status)
- Patients between practices could possibly show differences in prognostic relevant features, treatment quality/treatment specificities, (and, perhaps, in the outcome variable)
- $Y_{ij}$  random variables for measurement of patient j in practice i
- Outcome expectations:  $A_i$
- $\rightarrow\,$  Practice affiliation might explain part of outcome variable's variance
- $\rightarrow\,$  Practices are viewed as clusters of patients and as a random draw of a population of practices
- $\rightarrow$  Practices are assumed independent and randomized in 2 groups (control (=0) and case management (=1))
- $\rightarrow\,$  Hierarchy: Distribution of the  $A_i$  determines distribution of the  $Y_{ij}$  but not vice versa.



Figure 1: Hierarchical structure



Figure 2: Influence diagram

## **Hierarchical models**

#### Linear Mixed Model, LMM:

 $\mathbf{Y} = \mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} + \boldsymbol{\varepsilon}$ 

The design matrices  $\mathbf{X}(n \times p_1)$  and  $\mathbf{Z}(n \times p_0)$  are given with  $p_1$  fixed effects and  $p_0$  random effects parameters. Further:

 $\boldsymbol{\varepsilon} \sim \mathrm{MVN}(\mathbf{0}, \mathbf{R})$ 

and

 $\boldsymbol{\gamma} \sim \mathrm{MVN}(\mathbf{0}, \mathbf{G})$ 

with given covariance matrices  $\mathbf{G}(p_0 \times p_0)$  for random effects,  $\gamma(p_0 \times 1)$  and  $\mathbf{R}(n \times n)$  for the residual errors  $\varepsilon(n \times 1)$  which are independent from them.

The linear predictor is defined as  $X\beta + Z\gamma$ .

Assuming normal distributions for  $\gamma$  and  $\varepsilon$ , we can write the model hierarchically as:

 $\mathbf{Y}|\boldsymbol{\gamma} \sim \mathrm{MVN}(\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma}, \mathbf{R}),$ 

 $\mathbf{X}\boldsymbol{\beta} + \mathbf{Z}\boldsymbol{\gamma} \sim \mathrm{MVN}(\mathbf{X}\boldsymbol{\beta}, \mathbf{Z}\mathbf{G}\mathbf{Z}^{\top}).$ 

Conditional on each fixed  $\beta$  we obtain marginally:

 $\mathbf{Y} \sim \mathrm{MVN}(\mathbf{X}\boldsymbol{\beta}, \mathbf{R} + \mathbf{Z}\mathbf{G}\mathbf{Z}^{\top}),$ 

the marginal variance-covariance matrix  $\mathbf{R} + \mathbf{Z}\mathbf{G}\mathbf{Z}^{\top}$  is also called  $\mathbf{V}$ . The expected value of  $\mathbf{Y}$  is  $\mathbf{X}\boldsymbol{\beta}$ .

For the PRoMPT-study example:

• 
$$\beta = \begin{pmatrix} \mu_0 \\ \mu_1 \end{pmatrix}$$
 mean values of  $p_1 = 2$  treatment groups,  
•  $\mathbf{X} = \begin{pmatrix} 1 & 0 \\ \vdots & \vdots \\ 1 & 0 \\ 0 & 1 \\ \vdots & \vdots \\ 0 & 1 \end{pmatrix}$  the indicators for  $p_1 = 2$  treatments,

•  $\mathbf{Z} = \begin{pmatrix} 1 & & & \\ 1 & & & \\ & 1 & & \\ & &$ 

- $\gamma = (a_1, \ldots, a_k)$  the indicators for the expected values in the  $p_0$  medical practices (both treatments together), centered on 0. Due to the independence between  $\gamma$  and all  $\varepsilon_i$
- f R and f G also have a block structure

l.e.:

• 
$$\mathbf{R} = \sigma^2 I_n$$
,  
•  $\mathbf{G} = \tau^2 I_{p_0}$  and  
•  $\mathbf{V} = \mathbf{R} + \mathbf{Z}\mathbf{G}\mathbf{Z}^T = \begin{pmatrix} \tau^2 + \sigma^2 & \tau^2 & \cdots & \tau^2 \\ \tau^2 & \ddots & & \mathbf{0} \\ \vdots & \ddots & & \\ \hline \tau^2 & & \tau^2 + \sigma^2 \\ \hline \mathbf{0} & & \ddots \end{pmatrix}$   
the marginal variance-covariance matrix with 1 block per medical practice.

We assume a normal distribution for the expected value of practice (cluster) i in each treatment group if the practices are independent given their treatment group:

$$A_i \sim N(\mu_0, \tau^2), i = 1, \dots, k_0$$
 i.i.d.

resp.

$$A_i \sim N(\mu_1, \tau^2), i = k_0 + 1, \dots, k_0 + k_1$$
 i.i.d.,

where the variance  $\tau^2$  of  $A_i$  is equal for all practices and, in particular, is independent of the treatment group.

The distribution for  $A_i$  for both treatment groups are called **population distributions**. Parameters of these population distributions are called **hyperparameters**, in our example:  $\tau, \mu_0$  and  $\mu_1$ .

Population distributions combine information across units (pooling).

At the patient level, the individual values are assumed to be identically normally distributed, independently around the practice expectation value  $A_i = a_i$ , with standard deviation  $\sigma$ :

$$Y_{ij} = a_i + \varepsilon_{ij}, j = 1, \dots, n_i, i = 1, \dots, k_0 + k_1,$$

where all individual deviations  $\varepsilon_{ij} = Y_{ij} - a_i$  are independent of each other and of all practice expectations  $A_i$ .

The actual expectation values of the practices  $a_i$  are not observable (latent). Only the measured values  $y_{ij}$  themselves can be observed.

In summary the hierarchical model can be specify as follows:

$$Y_{ij}|A_i = a_i \sim \mathcal{N}(a_i, \sigma^2)$$

and

$$A_i \sim \mathrm{N}(\mu_0, \tau^2)$$
 for control practices  $(i = 1, \dots, k_0)$  resp.

 $A_i \sim \mathrm{N}(\mu_1, au^2)$  for intervention practices  $(i = k_0 + 1, \dots, k_0 + k_1)$ 

The parameters in this model are:  $\sigma^2, \mu_0, \mu_1, \tau^2$  and  $a_i$ , where the distributions of  $A_i$  are conditional on  $\mu_0, \mu_1$  and  $\tau$ .

#### Hierarchical model for PRoMPT example



Figure 3: Directed acyclic graph for data and parameters

The  $A_i$  are independent given the hyperparameters. With the product representation for the prior distribution of all  $A_i, \sigma, \mu_0, \mu_1, \tau$ , the joint prior distribution is invariant with respect to the permutation of the  $A_i$ . This invariance carries through to the posterior distribution, and is called **exchangeability**.

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## **Estimation and prediction**

Only  $a_i$  and  $\sigma^2$  are to be estimated (cf ANOVA).  $\rightarrow$  ML-estimates:

$$\hat{a_i}^{(ML)} = ar{y_i} \;\; ext{and} \;\; \hat{\sigma^2}^{(ML)} = 1/n \sum_{i,j} \left( y_{ij} - ar{y_i} 
ight)^2.$$

I.e., if we consider the  $a_i$  as fixed parameters (more generally: the conditional likelihood, given the random effects, for an ML estimation) then the ML estimator for  $a_i$  is equal to  $\bar{y}_i$ .

Further, if  $\mu_0$  is fixed but unknown and  $\sigma$  and  $\tau$  are known: Then, according to DerSimonian and Laird (1986), the ML-estimate is the weighted mean:

$$\hat{\mu_0}^{(\mathrm{ML})} = \frac{\sum_i \frac{1}{\frac{\sigma^2}{n_i} + \tau^2} \bar{y_i}}{\sum_i \frac{1}{\frac{\sigma^2}{n_i} + \tau^2}}.$$

The conditional expected value  $\mathbb{E}(A_i | \mathbf{Y} = \mathbf{y})$ :

For each given  $\mu_0, \mu_1, \sigma, \tau$  we obtain

$$\mathbb{E}(A_i | \mathbf{Y} = \mathbf{y}) = \mathbb{E}(A_i | \bar{y}_i) = \mu_0 + (\bar{y}_i - \mu_0) w_i$$

with weights:

$$w_i = rac{ au^2}{ au^2 + rac{\sigma^2}{n_i}} \in [0, 1].$$

Thus the  $\hat{A}_i$  are shrunk towards the joint mean  $\mu_0$ . The same applies to  $\mu_1$ .

Properties for  $w_i$ :

- $w_i$  is practice-specific
- If the intraclass correlation coefficient (ICC) is defined as  $\frac{\tau^2}{\tau^2 + \sigma^2}$ , then  $w_i = \frac{n_i \cdot ICC}{1 + (n_i 1) \cdot ICC}$ .  $\rightarrow \mathbb{E}(A_i | \bar{y}_i) - \mu_0$  for practice *i* is therefore reduced compared to the "raw" difference  $(\bar{y}_i - \mu_0) \rightarrow$  'Shrinkage'
- $w_i$  close to 1, if  $\tau$  is large in relation to  $\sigma$  i.e. the practices are heterogeneous, or if the number of patients  $n_i$  of the practice i is large.
- $w_i$  close to 0 if both the practices are homogeneous ( $\tau$  small) and there are only a few observations in the practice.

### Bayesian estimation and prediction for PRoMPT example

#### Bayesian inference for analyzing the hierarchical model:

Specification of prior distributions:

• weakly informative prior distributions for  $a_i$  and  $\sigma^2$ :

$$A_i \sim \mathbf{N}(0, 10^6)$$
  $(i = 1, \dots, k_0 + k_1), \quad \frac{1}{\sigma^2} \sim \texttt{Gamma}(0.001, 001)$ 

• prior distributions for the hyperparameters:

 $\mu_0 \sim \mathbf{N}(0, 10^6), \ \ \mu_1 \sim \mathbf{N}(0, 10^6), \ \ \tau \sim \texttt{unif}(0, M) \ \text{for large } M$ 

**Remark:** Alternative for the scale parameter  $\tau^2$ 

 $\tau^2 \sim {\rm half-t} \mbox{ with } \geq 1 \mbox{ degrees of freedom}.$ 

- Gibbs sampling for Linear Mixed Models (e.g., Gelfand and Sahu, 1999)
- 2 chains for each parameter, with 100000 iterations following 4000 iterations of burn-in
- Monte Carlo error less than 5% of posterior standard deviation

	Median ( $95\%$ CrI)
intervention	$10.75 \ (9.87, 11.64)$
control	$12.14\ (11.30, 12.97)$
intervention - control	-1.39 $(-2.59, -0.16)$
$\sigma$	$5.66 \hspace{0.2cm} (5.31, 6.05)$
$\sigma^2$	$32.1 \ (28.2, 36.6)$
au	$1.42 \ (0.55, 2.18)$
$ au^2$	$2.00\ (0.30, 4.75)$
ICC	$0.059\ (0.009, 0.133)$

Table 1: MCMC estimation of  $\mu_1, \mu_0$ , the difference  $\mu_1 - \mu_0$ , variance components and the ICC. Intervention: n = 242 in 34 practices. Control: n = 272 in 39 practices



#### Posterior distribution of $\tau$ and $\mu_1 - \mu_0$ depending on the upper bound M of the prior distribution of $\tau$

Figure 4: Sensitivity analysis

Bayesian model building



Figure 5: Conditional prediction of the measurement of a new patient in practice 40 (control), probability for  $\tilde{Y}_{40} \leq a$ 



Figure 6: Conditional prediction of the measurement of a new patient in practice 13 (intervention), probability for  $\tilde{Y}_{13} \leq a$ 

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#### Bayesian model building



Figure 7: Prediction of the expected value of a new control practice, probability for  $\tilde{A}_0 \leq a$ 



Figure 8: Prediction of the expected value of a new intervention practice, probability for  $\tilde{A}_1 \leq a$ 



Figure 9: Prediction of the measurement of a new patient in new control practice, probability for  $\tilde{Y}|\tilde{A}_0\leq a$ 



Figure 10: Prediction of the measurement of a new patient in new intervention practice, probability for  $\tilde{Y}|\tilde{A}_1\leq a$ 

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- Meta analyses can be viewed as specific cases of analyzing hierarchical models
- 2 Here, exemplified for a cluster randomized trial
- $\blacksquare$  A weakness for a frequentist analysis of Linear Mixed Models is that usually  $\tau$  is assumed to be known. In Bayesian inference we can easily treat  $\tau$  as a parameter.
- A sensitivity analysis for the formulation of the prior distribution of \(\tau\) should be performed. In our example: the analysis is robust to the specific choice of the prior.
- Prediction of new patients for a specific practice, but also for a new practice are straight forward within the Bayesian framework.
- 6 The whole framework can be extended to Generalized Linear Mixed Models.

# Comparison of Bayesian and frequentist statistics, Part 2

Including prior knowledge generally desirable: Even if informative prior knowledge is not desired/existent, weakly informative prior distributions have advantages:

- downweight unimportant parameter values
- remedy against overfitting
- elegant formulation of parameter constraints.

#### Accuracy of the posterior distribution:

Posterior distribution can be specified exactly except approximation error (e.g. Monte Carlo error). Hence, in Bayesian statistics large-sample approximations e.g. via the asymptotic normal distribution at the Maximum Likelihood estimators play a minor role compared to frequentist statistics.

#### Nuisance Parameters:

Can be integrated out of the posterior distribution, which is hard in a frequentist setting. Again, remedy against overfitting.

#### **Uncertainty Propagation:**

Sampling procedures, e.g., MCMC approaches lead to natural uncertainty propagation for derived quantities.

#### Avoiding null-hypothesis significance tests:

Posterior distributions allow connections to cost-benefit considerations and to rational decisions. Frequentist analyses often result in typical null-hypothesis significance testing, which is being criticized to an increasing degree (e.g., McShane et al., 2019). It is especially problematic for null-hypotheses consisting of only one point in parameter space. In Bayesian analyses null-hypothesis testing this is not as common as in frequentist analyses.

#### Posterior predictive checks (PPCs):

Part of the so-called Bayesian Workflow (Gelman et al., 2020); easy to perform and intuitive way of a Bayesian model diagnosis. Expertise needed, but model diagnosis is often difficult in a frequentist setting.

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### Thank you for your attention!

### Contact: ickstadt@statistik.tu-dortmund.de

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