

Meta-analyses with subgroups of patients: From subgroup-first to trial-first and stopping in between

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Introduction

- Major methodological principles for subgroups of *patients* (not trials) [1]:
 - Subgroup-first* (current IQWiG standard): subgroup-specific meta-analyses → contrast pooled treatment effects
 - Trial-first* (goes back at least to [2]; recent work by [3]): within-trial contrasts (of subgroup-specific treatment effects) → meta-analysis
- Trial-first method by [3] focuses on avoiding aggregation bias (can occur especially in case of no or small subgroup differences and heterogeneous treatment effects within subgroups, paired with „unfortunate“ imbalance of subgroups across trials); might come with reduced ability to discover true subgroup differences
- Mixture of subgroup-first and trial-first approaches occurs in [3], but not further investigated there; goes back (in restricted form) at least to [4]
- Ultimate objective (later): Identify method for meta-analyses with subgroups of patients most appropriate for IQWiG; desirable properties (in particular):
 - Invariance of subgroup-specific treatment effect estimates to choice of reference subgroup
 - Suitability for both, frequentist and Bayesian framework
- Objective here: Identify relationships between (and [dis-]advantages of) candidate methods

Methods

- Following [3]: Multivariate meta-analysis (dimensions: subgroups and/or their contrasts) is natural model for patient subgroups → Write underlying models from all approaches as such
- Notation and assumptions (unlisted quantities: estimated by „^“ variants):
 - n trials (index: i) with k subgroups *each*
 - $\hat{\beta}_i = (\hat{\beta}_{i1}, \dots, \hat{\beta}_{ik})^T \in \mathbb{R}^k$: subgroup-specific treatment effect estimates
 - $\hat{S}_i = \text{diag}[\widehat{\text{Var}}(\hat{\beta}_{i1}), \dots, \widehat{\text{Var}}(\hat{\beta}_{ik})] \in \mathbb{R}^{k \times k}$: subgroup-specific sampling variance estimates
 - I_{k-1} : $(k-1) \times (k-1)$ identity matrix
 - $M = [-\mathbf{1}_{k-1} \quad I_{k-1}] \in \mathbb{R}^{(k-1) \times k}$: contrast matrix (reference subgroup: 1)
 - $\hat{\gamma}_i = M\hat{\beta}_i \in \mathbb{R}^{k-1}$: within-trial contrast estimates

- J_{k-1} : $(k-1) \times (k-1)$ matrix of ones
- $\hat{V}_i = M\hat{S}_iM^T = \widehat{\text{Var}}(\hat{\beta}_{i1})J_{k-1} + \text{diag}[\widehat{\text{Var}}(\hat{\beta}_{i2}), \dots, \widehat{\text{Var}}(\hat{\beta}_{ik})] \in \mathbb{R}^{(k-1) \times (k-1)}$: contrast-specific sampling variance estimates

Results and discussion

- Underlying models and their relationships depicted in Figure 1
- Trial-first approach of [3] not easily (if at all) transferable to Bayesian framework
- At IQWiG: Usually (more or less) homogeneous treatment effects within subgroups → Strict avoidance of aggregation bias not necessary → Mixture of subgroup-first and trial-first approaches conceptually suitable, fulfills desirable properties from above
- Simulation study needed to compare performance of the methods (data-dependent model selection would have to be included as well)

Conclusion

- Mixture of subgroup-first and trial-first approaches: theoretically sensible compromise → candidate method for IQWiG analyses; to be investigated further

References

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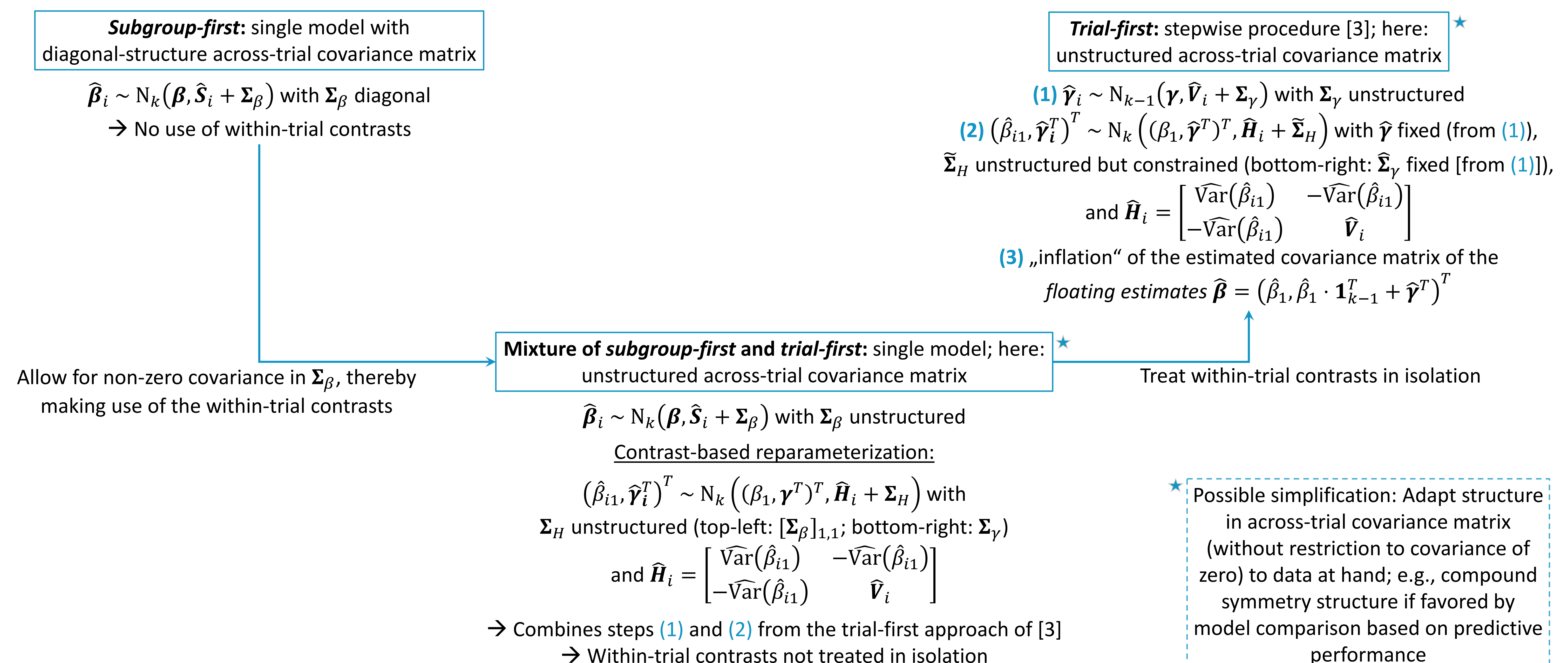


Figure 1: Methods for meta-analyses with subgroups of patients, extended from [3].